



Navajo Nation Service Trip: April 4th - 7th, 2024

Day 1

Scottsdale - Bodaway Gap Chapter, Navajo Nation | Thursday, April 4

The team will meet at Notre Dame Prep at 7am to check in and begin travel to the Navajo Nation in private team transportation. The team will depart at 7:30am sharp. Light snacks will be provided for the drive. On the way, the team will stop at a local Bashas' grocery store for a team shopping experience that includes purchasing grocery and food items for the residents of the Navajo Nation Bodaway Gap Chapter. All expenses for this experience will be covered by K2 Adventures Foundation. Immediately following the shopping adventure, the team will continue the drive to the Navajo Nation. Lunch will be provided on the way.

Upon arrival, the team will receive an introduction from the Bodaway Gap officials and staff. After meeting the chapter officials and staff, the team will distribute all of the grocery and food items purchased earlier in the day to the local Navajo community.

In the late afternoon, the team will depart the reservation and check into their hotel. Dinner will be served at the hotel. In the evening, there will be reflections and a debrief of the day. Lights out and bed checks will be conducted by the NDP trip chaperones.

Accommodations

The team will stay at the Courtyard by Marriott Page at Lake Powell.

Sleeping accommodations will be 2 to 3 students per room. Each room will have 2 beds. If there are 3 students in a room, an air mattress will be provided by NDP. Sleeping arrangements will be based on gender and will be determined by NDP staff.

Meals

Light Snacks on the bus, Lunch and Dinner



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Day 2

Navajo Nation | Friday, April 5

The team will wake for an early breakfast at the hotel and prepare for an 8am departure for a day of service and cultural activities. Upon arrival at the reservation, the team will have a morning of service work that will consist of yard clearing at local residences and at the Bitter Springs Home Association Office, as well as trail grooming and learning about the "Just Move It" program. Students will be involved in all meal prep for lunch to be served onsite and it will consist of a Frybread demonstration and preparation of Navajo tacos.

After lunch, the team will continue with service projects, along with additional activities to include local artisan workshops; ribbon skirt making, leather craft and beadwork, as well as learn how chapter members are able to be self-employed by the creation their artisan crafts.

In the late afternoon, the team will depart the reservation and arrive back at the hotel. Dinner will be served at the hotel. In the evening, there will be reflections and a debrief of the day. Lights out and bed checks will be conducted by the NDP trip chaperones.

Accommodations

Overnight at the <u>Courtyard by Marriott Page at Lake Powell</u>. Sleeping accommodations will be 2 to 3 students per room. Each room will have 2 beds. If there are 3 students in a room, an air mattress will be provided by NDP. Sleeping arrangements will be based on gender and will be determined by NDP staff.

Meals

Breakfast, Lunch and Dinner

Day 3

Navajo Nation | Saturday, April 6

The team will wake for an early breakfast at the hotel and prepare for an 8am departure for another day of service and cultural activities. The team will return to the Bodaway Gap Chapter House and provide service work until lunch time. This work will consist of painting, trail grooming, weeding, garden maintenance and education.

Following a full morning of service, the students will participate in a cultural food experience consisting of sheep butchering, bread making and a cultural speaker on how the Navajo's utilize their land for food. Students will be involved in all meal prep for lunch that will be served onsite, or can continue working on the morning service projects. In the late afternoon, the team will depart the reservation and arrive back at the hotel. Dinner will be served at the hotel. In the evening, there will be reflections and a debrief of the day. Lights out and bed checks will be conducted by the NDP trip chaperones.

Accommodations

Overnight at the <u>Courtyard by Marriott Page at Lake Powell</u>. Sleeping accommodations will be 2 to 3 students per room. Each room will have 2 beds. If there are 3 students in a room, an air mattress will be provided by NDP. Sleeping arrangements will be based on gender and will be determined by NDP staff.

Meals

Breakfast, Lunch and Dinner



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Day 4

Navajo Nation - Scottsdale | Sunday, April 7

The team will wake for an early breakfast, check out of the hotel and drive to Flagstaff. The team will celebrate Mass at 10am at San Francisco de Asis Catholic Parish in Flagstaff.

Following Mass, the team will continue the drive back to Notre Dame Prep. Lunch will be provided during the bus ride home. The team will arrive back at Notre Dame Prep at approximately 2pm.

Meals

Breakfast and Lunch



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Trip Cost

\$945 per person

- A minimum of 25 students and a maximum of 45 students. NDP staff chaperones and K2 Adventure Travel guides will be provided.
- Once the maximum number of students is reached, those interested in joining the team will be added to a waitlist in the order their registration request was received.

Cost Per Person Includes:

- All accommodations
- All meals as listed in the itinerary
- Round trip private transportation to/from NDP High School
- All activities as listed in the itinerary to include:
 - 4 days of Community Service and Cultural Activities

Educational team activities and daily reflections (coordinated by NDP staff)

Professional K2 guides with Wilderness First Responder certifications

Number of service hours to be determined by NDP staff

Cost Per Person Does NOT Include:

- Personal expenses (gifts/snacks from the hotel or grocery store, etc.)
- Medical or Travel insurance (strongly recommended)

We look forward to traveling with you!

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