



COMMUNITY  
FOOD BANK  
OF SOUTHERN ARIZONA

MEMBER OF  
**FEEDING**  
AMERICA



# NOTRE DAME PREP

Tucson Service Trip: January 12th – 14th, 2023

## Day 1

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### Scottsdale – Tucson | Thursday, January 12

The team will meet at Notre Dame Prep at 8 am. We will depart at 8:30 am and begin the adventure by private bus. Einstein's Bagels will be served for breakfast. On the way, the team will stop at a local Bashas grocery store for a team shopping experience that includes purchasing grocery and food items for the Community Food Bank of Southern Arizona. All expenses for this experience will be covered by K2 Adventures Foundation. Immediately following the shopping adventure, the team will drive to the food bank to volunteer and make a donation of all the food items purchased.

Lunch will be served at the food bank. Following lunch, the team will take a tour of the Community Food Bank's resource center and participate in educational training. The team will spend the rest of the afternoon working at the food bank.

In the late afternoon, the team will depart the facility and check into their hotel. Dinner will be served at the hotel.

In the evening, there will be a movie shown about spreading kindness through acts of service, as well as reflections and a debrief of the day. Lights out and bed checks will be conducted by the NDP trip chaperones.

### Accommodations

Four Point Sheraton by Tucson Airport. Accommodations will include rooms with 2 beds. Sleeping accommodations will be 2 students per room and will be determined by NDP staff.

### Meals

Breakfast, Lunch and Dinner

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## Day 2

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### Tucson | Friday, January 13

The team will wake for an early breakfast at the hotel and prepare for an 8:45 am departure for a day of service. The team will return to the food bank for a full day of volunteering. After a productive morning, lunch will be served.

After lunch, the team will work for a few more hours before returning to the hotel. An afternoon activity will be determined by NDP staff.

Dinner will be served at the hotel. In the evening, there will be a second movie shown, as well as reflections and a debrief of the day. Lights out and bed checks will be conducted by the NDP trip chaperones.

#### Meals

Breakfast, Lunch and Dinner

## Day 3

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### Tucson - Scottsdale | Saturday, January 14

The team will wake for an early breakfast and prepare to depart the hotel at 8:45 am for a final morning of activities.

The team will spend the morning hiking in Picacho Peak State Park just outside of Tucson on the Hunter Trail. More information about the hike can be found on this link: <https://azstateparks.com/picacho/things-to-do/trails>. Please note, students are encouraged to participate on the hike, but it is not required.

Following the hike, the team will continue the drive back to Notre Dame Prep. A box lunch will be provided for the bus ride home. The team will arrive back at Notre Dame Prep at approximately 2:30 pm.

#### Meals

Breakfast and Lunch

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## Trip Cost

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### \$750 per person

— A minimum of 25 students and a maximum of 40 students, with 2 NDP teacher chaperones and 2 K2 Adventure Travel chaperones will be provided.

— Once the maximum number of students is reached, those interested in joining the team will be added to a waitlist in the order their registration request was received.

## Cost Per Person Includes:

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- All accommodations
- All meals as listed in the itinerary
- Round trip private bus to/from Notre Dame Prep High School
- All activities as listed in the itinerary to include:
  - 2 days of Community Service at a local food bank
  - Educational team activities and daily reflections (coordinated by NDP staff)
  - Team Hike
- Professional K2 chaperones with Wilderness First Responder certifications

## Cost Per Person Does NOT Include:

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- Personal expenses (gifts/snacks from the hotel or grocery store, etc.)

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## We look forward to traveling with you!

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