



TANZANIA, AFRICA: COMMUNITY SERVICE OR MEDICAL

Sample Itinerary | 5 Days of Community or Medical Service / 1-Day Safari / Coffee Plantation / Waterfall Hike

Five days of community service will be at one of the locations listed below:

Summit Happy Home, Arusha

Although Arusha is one of the most developed cities in Tanzania, it continues to struggle with crippling levels of poverty and meager living conditions. Children are disproportionately affected, and many of them are left to survive in the streets due to extreme poverty. K2 Adventures Foundation supports a local orphanage called Summit Happy Home to provide displaced and orphaned children with a safe environment, proper accommodations, essential medical care and much needed food & clothing. Just as importantly, we want them to experience what it is like to be treated with dignity and kindness. This orphanage launched in 2019 with 10 children ranging in age from 2 to 6 years old.

St. Augustine School, Arusha

NSK Hospital, Arusha

St. Joseph's Hospital, Moshi

K2 Adventures Foundation has partnered with St. Joseph's Hospital to provide medical, dental, nursing and other community service opportunities for K2 Adventure travelers. Teams will work directly with this amazing hospital and staff performing surgeries, going on rounds and participating in other activities that support the hospital. St. Joseph's Hospital is one of the largest hospitals in Moshi!

Muongano Primary School, Moshi



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Days 1 & 2

Fly out of your country of origin with a final destination of Kilimanjaro International Airport (JRO) on Day 2 (for most travelers). Our Tanzanian, English-speaking guide will meet us at the airport and take us by private bus to the hotel in Moshi or Arusha, Tanzania.

Dinner included. Overnight in Moshi or Arusha.

Day 3

First day of community service at one of the locations listed above. You will wake for an early breakfast, leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm.

Breakfast, lunch and dinner are included. Overnight in Moshi or Arusha.

Day 4

Second day of community service at one of the locations listed above. You will wake for an early breakfast, leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm.

Breakfast, lunch and dinner are included. Overnight in Moshi or Arusha.

Day 5

Today is Sunday and the team will attend a local Catholic mass said in Swahili, the native language of Tanzania.

Breakfast, lunch and dinner are included. Overnight in Moshi or Arusha.

Day 6

Third day of community service at one of the locations listed above. You will wake for an early breakfast, leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm. You will also visit a local market called the Blue Zebra where you can purchase authentic trinkets and souvenirs. This market has a non-profit component that gives back to the local community by providing art lessons to underprivileged youth.

Breakfast, lunch and dinner are included. Overnight in Moshi or Arusha.



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Day 7

Fourth day of community service at one of the locations listed above. You will wake for an early breakfast, leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm.

Breakfast, lunch and dinner included. Overnight in Moshi or Arusha.

Day 8

Fifth day of community service at one of the locations listed above. You will wake for an early breakfast, leave the hotel by 9:00 am and arrive back at the hotel around 4:00 pm.

Breakfast, lunch and dinner are included. Overnight in Moshi or Arusha.

Day 9

The morning will be filled with a visit to a coffee plantation. The coffee experience will include picking, peeling, grinding and sipping locally grown coffee. Afterwards, you will enjoy a breathtaking hike to a waterfall. Finally, the team will visit a local pizza restaurant for lunch.

Breakfast, lunch and dinner are included. Overnight in Moshi or Arusha.

Day 10

Tarangire National Park

This is your 1-day safari to Tarangire National Park and visit to a Masai Village. You will wake for an early breakfast and leave the hotel by 7:00 am for the 3-hour drive to the park entrance. After the safari and a picnic lunch, the team will have dinner in a local restaurant.

Breakfast, lunch and dinner are included. Overnight in Moshi or Arusha.

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Description

Tarangire is the 6th largest national park in Tanzania, covering over 1,100 square miles. The park is famous for its high density of elephants and baobab trees. Visitors to the park can expect to see large herds of zebra, wildebeest and Cape buffalo. Other common resident animals include waterbuck, giraffe, dik-dik impala, eland, Grant's gazelle, vervet monkey, banded mongoose and olive baboon.

Day 11

This is your day to travel to Arusha to visit Summit Happy Home or one of the other locations K2 Adventures Foundation serves.

Breakfast, lunch and dinner included. Overnight in Arusha.

Day 12

Spend the day relaxing and preparing for your flight home. You can relax at the hotel spa or go to the local market to purchase trinkets and souvenirs. Your private driver will pick you up from the hotel and take you to Kilimanjaro International Airport (JRO).

Breakfast is included.

Day 13

Arrive home.

NOTE: If your plans extend outside this itinerary, please contact K2AT for additional reservations and costs.

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Cost Per Person Does NOT Include:

- All land travel
- All hotel accommodations, double occupancy
- All meals as stated in the itinerary
- English-speaking private driver as your guide
- All park fees
- 1-Day Safari
- Airport transportation to/from JRO International Airport

Cost Per Person Does NOT Include:

- International airfare
- \$100 for visa and exit tax for US citizens
- \$300 per person in tips for hotel staff, bus drivers, porters, cooks and guides
- Suggested tips for safari driver, \$25 - \$35 per person, per day
- Community service donations
- Subsequent lodging and food beyond the itinerary
- All individual drinks, either non-alcoholic or alcoholic
- Traveler, Medical and Evacuation Insurance
- Single accommodations available for an additional fee
- Itinerary add-ons or customizations

If you are a single registering for one of our safaris, we will try to accommodate you as a double with the same gender. However, if we are unable to make these arrangements you may be responsible for the additional fee as a single.

Any deviation from this itinerary is at your own expense

We look forward to traveling with you!

Kevin Cherilla
kevin@k2adventures.org
602-686-6146

Kristen Sandquist
kristen@k2adventures.org
480-797-2950

Taryn Borges
taryn@k2adventures.org
512-576-2657

