



# ARGENTINA: MT. ACONCAGUA

Sample 22-Day Trip Itinerary | 17-Day Trek - Polish Traverse Route

## Days 1 & 2

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### Mendoza

Travel day and welcome to Mendoza, Argentina. Upon arrival, our local guide will meet us at the airport in a private vehicle that will take us to our hotel. A team dinner will follow in the evening.

*Dinner included. Overnight in Mendoza.*

## Day 3

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### Mendoza

Following breakfast at your hotel, we will leave the hotel to purchase our climbing permits and shop for our mountain food at the local market. A team meeting and team dinner will follow in the evening.

*Breakfast, lunch and dinner included. Overnight in Mendoza.*

## Day 4

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### Mendoza to Penitentes

This will begin our journey into the mountains. Following breakfast, we will drive from Mendoza to the Penitentes (8,858ft/2700m). We will travel to Villa de Penitentes, where we stay at a lodge in the mountains. We will prepare all gear and equipment for transport by mule to the base camp. In the evening, we will have a team meeting and dinner.

*Breakfast, lunch and dinner included. Overnight in Villa de Penitentes. All meals are included on the trail. Please notify us prior to travel if you have dietary restrictions.*

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## Day 5

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### Penitentes to Pampa de Lenas

This is our first day in the mountains. We will wake for an early breakfast and drive from Penitentes to Punta de Vacas, which is the Aconcagua Park Entrance. We will check in at the ranger station with our permits. This begins our 3 day approach to base camp and we will spend the night at Pampa de Leñas (9,678ft/2950m) where we will have a BBQ dinner prepared by our horsemen. Breakfast is included at the lodge and lunch will be provided along the trail.

*Approximately 5-6 hours of hiking.*

## Day 6

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### Penitentes to Pampa de Lenas

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we trek through the Quebrada de Vacas where we will get the first sight of the Western Face of Aconcagua as we advance towards our intermediate camp, Casa de Piedra (10,629ft/3240m). We will have dinner and rest for the night. Approximately 5-6 hours of hiking.

*Approximately 5-6 hours of hiking.*

## Day 7

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### Casa de Piedra to Plaza de Argentina Base Camp

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we begin our trek ascending the Relicho steep slope, which takes us to Inferior Plaza Argentina or Base Camp (13,779ft/4200m). This is where we see the last native vegetation before climbing towards the glaciers and where we will have dinner and rest for the night.

*Approximately 5-6 hours of hiking.*

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## Day 8

### Plaza de Argentina Base Camp

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we will enjoy a complete day of rest at Plaza Argentina for acclimatization. This is a good opportunity to take a shower and explore the area. We will have a team meeting with our guides to go over logistics, reorganize the equipment and prepare the loads for carry the next day.

## Day 9

### Plaza de Argentina Base Camp to Camp 1, return to Plaza de Argentina Base Camp

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we will carry equipment and a food cache to Camp 1 (16,404ft/5000m). We will carry light loads in order to adapt to the altitude. Following our load carry to Camp 1, we will return to Plaza Argentina where we will have dinner and rest for the night. Approximately 5-6 hours of hiking.

## Day 10

### Plaza de Argentina Base Camp

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we will have a complete rest day at base camp. This is essential to helping your body acclimatize.

## Day 11

### Plaza de Argentina Base Camp to Camp 1

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we will start our ascent back to Camp 1. We will meet the load we brought up two days earlier, assemble camp and divide loads for carry the next morning. Afterwards, we will have dinner and rest for the night. Approximately 5 to 6 hours of hiking.

## Day 12

### Camp 1 to Camp 2, return to Camp 1

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we continue with our gradual acclimatization on easy terrain to Camp 2 (18,044ft/5500m) and drop off supplies. After a short rest, we will descend back to Camp 1 where we will have dinner and rest for the night. Approximately 6-7 hours of strenuous hiking.



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## Day 13

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### Camp 1

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, you will have a complete rest day at Camp 1 to help with acclimatization.

## Day 14

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### Camp 1 to Camp 2

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we will begin our ascent to Camp 2 using the Ameghino Traverse Route. We will assemble camp upon our arrival. Approximately 5-6 hours of strenuous hiking.

## Day 15

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### Camp 2

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, you will enjoy a complete rest day at Camp 2 to help with acclimatization. This is a good opportunity to relax and prepare the loads for carry the next day.

## Day 16

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### Camp 2 to Camp 3 “Colera”

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we begin our trek up the last part of the Upper Guanaco’s Valley Route to Camp 3 “Colera” (19,685ft/6000m). After arrival, we will prepare for our first summit push, have an early dinner and rest for an early morning summit departure. Approximately 4-5 hours of strenuous hiking.

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## Day 17

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### First Summit Attempt

You will awaken to coffee or tea followed by a complete breakfast. After an early morning breakfast, we will begin our first attempt at the summit (22,841ft/6962m). This is the most demanding day of the expedition. We use the last part of the Normal Route, climbing the North Ridge to Independencia Refuge at approximately 21,325ft/6500m. We will ascend through the “Portezuelo del Viento”, climb “La Canaleta” and pass through the “Filo del Guanaco” that leads us to the summit. At the end of our summit experience, we will descend to Camp 3 where we will eat and rest for the night. Approximately 8-9 hours of strenuous hiking.

## Days 18 & 19

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### Second and Third Summit Attempts

These are built in additional summit attempt days in the event of bad weather conditions. We have three days in our itinerary to attempt the summit. These extra days are built in to provide the best possible opportunity for each individual to summit.

## Day 20

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### Camp 3 “Colera” to Plaza de Mulas Base Camp

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we will descend to Plaza de Mulas Base Camp where we will enjoy a great dinner and celebrate the experience. Approximately 4-5 hours of hiking.

## Day 21

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### Plaza de Mulas Base Camp to Mendoza

You will awaken to coffee or tea followed by a complete breakfast. After breakfast, we will start the descent from Plaza de Mulas to Penitentes. There will be private transportation waiting at the end of the trail to take us to the hotel in Mendoza City. In the evening, we will have a special dinner and celebration. Approximately 5-7 hours of hiking.

*Breakfast, lunch and dinner included. Overnight in Mendoza.*

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## Day 22

### Mendoza to Your Country of Origin

Following breakfast at the hotel, we will take a private vehicle to the airport for our flights home.

### Note on Itinerary:

Although we do our best to adhere to the schedule listed above, this itinerary is subject to change due to weather conditions. Three nights of lodging in Mendoza are included. You are responsible for any additional nights if you come off the mountain early.

**The weather on Mt. Aconcagua is notorious for high winds and extreme cold temperatures. You must have previous experience with the use of crampons and an ice axe.**

### Cost Per Person Includes:

- All land travel
- All accommodations, double occupancy
- All tent accommodations, double occupancy
- All meals as stated in the itinerary
- All shared equipment for expedition (tents, stoves, etc.)
- Complete base camp services (meals, accommodations, etc.)
- Professional, bilingual guides
- Skilled, professional, experienced guides with Wilderness First Responders certifications
- Mule transportation of equipment
- Permanent VHF radio communications
- Guides will carry first aid kits and pulse-oximeter
- High altitude porters for common gear carries
- Mountain permit fees

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## Cost Per Person Does NOT Include:

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- International airfare
- Any cost if a climber abandons the trip
- Helicopter out of basecamp
- Personal porters for gear carries on the mountain
- Traveler, Medical and Evacuation Insurance (mandatory)
- All individual drinks, either non-alcoholic or alcoholic and room service
- Personal gear, phone communications and items of personal nature
- Ground or air evacuations, hospitalizations and/or medication of any kind
- \$300 per person in tips for hotel staff, bus drivers, porters, cooks and guides
- Subsequent lodging and food beyond the team itinerary
- Visa cost for international travelers. Travelers from the United States are not required to purchase a visa
- Single accommodations are available for an additional fee
- Itinerary add-ons or customizations.

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## We look forward to traveling with you!

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